



FREE ONLINE SUICIDE PREVENTION TRAINING

R U OK? Day is an important reminder that a conversation could help to change a life. Parents, families and guardians within the school community can now be even more ready to help when it's needed most by taking part in free suicide prevention training.

QPR training will teach you three simple steps which might help you to save a life one day:

1. Question. 2. Persuade. 3. Refer.

QPR ONLINE TRAINING DO IT TODAY



ONLY TAKES 60
MINUTES



FREE



LICENSES REMAIN
ACTIVE FOR 3 YEARS



CERTIFICATE OF
COMPLETION



OVER 2.5M PEOPLE
TRAINED WORLDWIDE

phn
COUNTRY SA

An Australian Government Initiative

To undertake the QPR training, please visit
countrysaphn.com.au/QPR Login code: **CSA**

If you or someone you know is in need of support, Lifeline is available 24/7 on 13 11 14