



# Want to know how to help your teenager with career ideas?

## 'Parents are the greatest influence on young people's career choices'

- 100% of parents think it is important to be involved with their child's transition
- 80% of young people said they would seek help from parents for making decisions
- Only 20% of parents feel they currently have sufficient knowledge of employment and training options to help their child make a decision about what to do after leaving school.  
(Brotherhood of St Lawrence)

### How much can you help?

- Do you know about the education, training and employment options available to them?
- Will you know how to help them choose subjects for Year 9 and beyond?

### What is VET, SACE & ASBAs?

### What is the difference between TAFE & University?

### Can my child do VET and still get an ATAR to go to university?

### Where can we find relevant career information?



### Should my child do work experience or volunteer?

### What sort of jobs are out there?

### What is a traineeship or apprenticeship?

### Can my child begin an apprenticeship whilst at school?

### What are employability skills? What skills are employers looking for?

## WHERE CAN YOU GET HELP? CAREER and TRANSITION WORKSHOPS FOR PARENTS

PACTS is a TWO (2) hour workshop that provides an interactive, informal way to learn about career transition in a setting that has been developed for parents, with parents.

Participants will leave with the knowledge and confidence that they can help their children make informed career choices plus a comprehensive resource booklet containing the workshop content.



# WORKSHOP TOPICS

Workshop Part One – Beginning to explore	Workshop Part Two – Career pathways and transition services	Workshop Part Three – Jobs
<ul style="list-style-type: none"> <li>➤ Career: A lifelong journey</li> <li>➤ Communicating with your teenager about careers</li> <li>➤ Identifying interests and skills</li> <li>➤ Occupational categories</li> <li>➤ Using the 'Job Guide' and online resources</li> <li>➤ Career &amp; vocational assessment instruments</li> </ul>	<ul style="list-style-type: none"> <li>➤ Career services at school and outside</li> <li>➤ What is SACE, ATARs &amp; VET pathways?</li> <li>➤ Training &amp; further education options</li> <li>➤ Apprenticeships &amp; Traineeships</li> <li>➤ School based apprenticeships and flexible apprenticeships</li> <li>➤ What is Group Training?</li> </ul>	<ul style="list-style-type: none"> <li>➤ Tackling the employment market</li> <li>➤ Job seeking skills and tips</li> <li>➤ Resumes, Curriculum Vitae and personal branding</li> <li>➤ Using social media</li> <li>➤ Preparing for interviews</li> <li>➤ Starting a job</li> </ul>

## How useful are the PACTS workshops?

- ✓ *"Participation in the PACTS program has given me the tools to support my own children in finding a direction towards their future educational and vocational choices".*
- ✓ *"The PACTS Program has given me confidence through understanding what options are available for me, to help and advise my child more confidently with the upcoming choices they need to make. The program has been extremely beneficial to me as a parent in gaining knowledge I would otherwise not be aware of."*

## About the workshop presenter:

Chris Mesecke of Career Designs SA has extensive experience in the education, training and employment sectors and brings this together as a qualified career coach and accredited PACTS facilitator.

As an educator, mentor and leader, Chris's client centred approach focusses on engaging and enthusing others to seek career opportunities.

As a parent, he is currently supporting his teenagers to navigate the transition from secondary schooling.



## How can I be part of this workshop to help my children?

1. Your children's school may wish to book a workshop with Career Designs SA. Contact the school for further details. Bookings through a school will be priced at a lower rate.

OR

2. You may wish to be part of a public workshop, with registration via **eventbrite**. These will be advertised and can be found by searching for **CAREER and TRANSITION WORKSHOPS FOR PARENTS** on the Eventbrite app.

Public workshops (max 20 participants) will be priced at \$50 pp plus booking fee.

Enquiries to [chris@careerdesignssa.com.au](mailto:chris@careerdesignssa.com.au) or 0439276 383.

